



## STARTERS/LIGHT MEALS

### **GARLIC BREAD (V) (8)**

Add cheese (2)

### **SATAY CHICKEN SKEWERS (18)**

Three skewers with salad greens

### **PANKO PRAWNS (15)**

Five panko prawns with salad greens and mayonnaise

### **SALT & PEPPER CALAMARI (GFO) (16)**

With mayonnaise + salad greens

### **VEGETABLE SPRING ROLLS (V) (12)**

Three house made spring rolls with sweet chilli soy sauce

## SIDES

### **CHIPS (8)**

### **MASHED POTATOES (8)**

### **BOWL OF VEGETABLES (8)**

### **HOUSE SALAD (8)**

### **GRAVY/MUSHROOM GRAVY/PEPPER GRAVY (2)**

## DESSERTS

### **STICKY DATE PUDDING (GF) (10)**

PLEASE SEE STAFF FOR MORE DESSERT CHOICES

DINNER ROLL AND BUTTER (1)

SWAP TO MASHED POTATO OR VEGETABLES (2)

(V) - VEGETARIAN (V\*) - VEGETARIAN ON REQUEST

(VG) - VEGAN (GF) - GLUTEN FREE

(GFO) - GLUTEN FREE ON REQUEST

## MAINS

### **GRILLED BARRAMUNDI (GFO) (27)**

Served with chips, salad and Tartare sauce

### **ROAST OF THE DAY (GFO) (market price)**

Refer to the specials board

### **BUTTER CHICKEN CURRY (24)**

Served with jasmine rice, raita and roti bread

### **ITALIAN PARMA (26)**

Topped with Napoli, ham, cheese, with chips and salad

### **AUSSIE PARMA (28)**

Topped with Napoli, bacon, cheese, fried egg and BBQ sauce with chips and salad

### **BEER BATTERED FISH AND CHIPS (24)**

Beer battered hake served with chips, salad and tartare sauce

### **SALT & PEPPER CALAMARI (GFO) (25)**

Served, with chips, salad and mayonnaise

### **CRUMBED LAMB CUTLETS (30)**

Three cutlets with mashed potato, vegetables and mint gravy

### **GRAIN FED PORTERHOUSE (GFO) (35)**

300g Porterhouse served with chips and salad

Sauce: Plain gravy/mushroom gravy/pepper gravy/garlic butter/hot English mustard

### **GARLIC PRAWNS (30)**

Ten prawn cutlets cooked in a creamy onion-garlic sauce with rice

### **LAMB SHANK (28)**

Slow cooked lamb shank in a red wine sauce served with mashed potato and vegetables

### **PUMPKIN GNOCCHI (V) (25)**

Potato gnocchi cooked with onion, garlic, roasted pumpkin, semi-dried tomatoes, cooked in a creamy white wine sauce finished with spinach, almond flakes and Parmesan cheese

### **NASI GORENG (GFO) (V) (22)**

Mixed greens, bean shoots, garlic, ginger, chilli, fried rice topped with a fried egg

Add chicken (6)

### **THAI SALAD (18)**

Tomato, cucumber, bean shoots, fried shallots, roasted peanuts and salad mix finished with an authentic Thai dressing

Add chicken (6)

Add calamari (8)

Add beef (8)

### **PORK CHOP (25)**

With rice and salad



## **KIDS** (Under 12 years old with ice cream)

**CHICKEN NUGGETS and CHIPS** (10)

**CHICKEN PARMA and CHIPS** (10)

**LINGUINE BOLOGNESE** (10)

**FRIED FISH and CHIPS** (10)

**KIDS ROAST and VEGGIES** (15)

## **SENIORS** (With garlic bread or ice cream)

**SATAY CHICKEN SKEWERS** (20)

Two skewers with jasmine rice

**BEER BATTERED FISH & CHIPS** (20)

With chips, salad and Tartare sauce

**GRILLED BARRAMUNDI** (20)

With chips, salad and Tartare sauce

**LAMB'S FRY WITH BACON and MASH** (20)

**CHICKEN PARMA** (20)

With chips and salad

**NASI GORENG** (20)

**SALT AND PEPPER CALAMARI** (20)

With chips and Salad

**ROAST OF THE DAY** (20)

**LINGUINE BOLOGNESE** (20)

## **FUNCTIONS @ MENTONE RSL**

Are you looking to host an event? Mentone RSL has many options for your next function.

We happy to host everything from 21<sup>st</sup> birthdays to wakes.

Finger Food Starts from \$20 per head.

High Tea Menus from \$25 per head.

Sit Down Two Courses Menus from \$38 per head.

Speak to our friendly staff to inspect our spaces and find out more.

## **MENTONE RSL REWARDS**

Are you a Mentone RSL Rewards Member? Sign up today for only \$40 for the year to receive discounts, earn points and have your chance to win many great prizes throughout the year.

RSL Rewards gives you access and reciprocal rights to all participating RSLs in Victoria.

Application forms available at the Bar.



## LUNCH SPECIALS (12 - 2.30pm)

### **BEEF BURGER (20)**

Beef patty, lettuce, bacon, egg, cheese, tomato relish, pickles, mayo and chips

### **CHICKEN BURGER (20)**

Thigh chicken, lettuce, cheese, chipotle mayo and chips

### **300G PORTERHOUSE STEAK (30)**

With chips, salad and gravy

### **FISH & CHIPS (18)**

House made beer battered hake with chips and salad

### **ITALIAN PARMA (20)**

Topped with Napoli, ham and cheese with chips and salad

### **STEAK SANDWICH (20)**

Porterhouse, caramelised onion, lettuce, cheese, mustard relish and chips

### **SALT & PEPPER CALAMARI (GFO) (20)**

Served with chips, salad and Tartare sauce

## DINNER SPECIALS (5.30 - 8.30pm)

### **TUESDAY NIGHT**

#### **CRUMBED LAMB CUTLETS (25)**

Three cutlets with mashed potato, vegetables and mint gravy

### **WEDNESDAY NIGHT**

#### **PARMA AND POT (20)**

Your Choice of Parma served with chips and salad with a pot of Carlton Draught

Parma options:

ITALIAN - Ham, Cheese and Napoli

HAWAIIAN - Ham, Cheese, Napoli and Pineapple

MEXICAN - Salami, cheese, Jalapeños, Napoli, sour cream and guacamole

AUSSIE - Bacon, cheese, Napoli, fried egg and BBQ sauce

### **THURSDAY NIGHT**

#### **STEAK AND WINE (30)**

300gm Porterhouse Steak cooked to your liking, served with chips and salad (gravy/mushroom/pepper/hot English mustard) with a glass of house Shiraz

## BISTRO HOURS

Lunch (Tues - Sun)  
12noon - 2:30pm

Dinner (Tues - Sun)  
5:30 - 8:30pm